



International Training Course
"Knocking on the Shoulders of Siberian Youth"



Krasnoyarsk, Russia • June 24 – July 1, 2011

*Dear partners,
on behalf of the organizers, we are glad to provide you with practical information
about the training course in Krasnoyarsk, Russia.
Please read the following information carefully!*

"Knocking on the Shoulders of Siberian Youth"

International Training Course in Krasnoyarsk, Russia, June 24 – July 1, 2012

Project Description:

The Training Course "**Knocking on the Shoulders of Siberian Youth**" has been designed for 25 youth workers from Youth in Action Programme Countries and Neighboring Partners countries from Eastern Europe and Caucasus. The training course is aimed to increase the motivation for getting involved in Youth in Action Programme and in particular organizing Youth Exchanges between different youth organizations with different backgrounds and working fields. The project is dedicated to provide professional and practical skills and competences in planning and organizing Youth Exchanges and giving most important key issues of youth work. It will play as the platform for planning new local and international projects focusing on involving more young people to participate in Youth in Action program and enhance their sense of Voluntarism.

Dates:

June 24 – July 1, 2011

Participants:

25 participants from EU and EECA countries

2 participants per partner organization

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LIST OF THE PARTNERS (and number of participants from each country):

Country of residence	Promoter	Number of participants
Russian Federation	Krasnoyarsk Regional Non-Governmental Youth Organization INTERRA (KYO "INTERRA")	4
Russian Federation		2
Russian Federation		1
Italy	Eurogems Italy	3
Norway	NORDIC GEMS	2
Czech republic	Mezinárodní vzděláva	2
Estonia	eurokalliskivid mtu	2
Armenia	Youth Cooperation Centre Dilijan NGO	2
Azerbaijan	"HEALTHY THOUGHTS"	2
Moldavia	Young Journalist Center	2

Financial Condition/ Travel Cost:

The training course will be implemented in the frame of the EU Youth in Action Programme, Action 3.1. **Accommodation, food, visa fees and materials will be covered fully by the organisers.** Travel expenses will be reimbursed at 70% of the real cost.

Insurance is obligatory and should be arranged and covered by each participant.

The organisers will reimburse **70% of participants' travel costs (with cheapest mean of transportation) in return of original tickets. EECA participants will receive the reimbursement on spot in Russia, while EU participants will receive their reimbursement via bank transfer after the training course upon sending the travel documents to us!!!!**

Please note that you should bring with you sufficient and adequate proof/ evidence of your travel costs – you should have the originals of invoices, tickets, printed out e-tickets, boarding passes, etc. On all the documents a price should be clearly visible, otherwise we will be unable to reimburse the costs.

Please have in mind that the transport from the Airport "Yemelyanovo" to Krasnoyarsk accommodation place (about 40 km) will be organised by the organisers and that you have to cover 30% of these costs. The amount will be deducted from your reimbursement.

Travel Dates:

Arrival: June 24, 2012 in Krasnoyarsk Airport "Yemelyanovo" / Krasnoyarsk, Russia

Departure: July 1, 2012 from Krasnoyarsk Airport "Yemelyanovo" / Krasnoyarsk, Russia

Stay In Krasnoyarsk

If for any reason you will be arriving or departing outside of the above dates, we will not be able to reimburse you those costs that occur due to your longer stay. However, we can recommend

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hotels, means of travel, and other information when requested. <http://www.kiwihostel.ru/index.php/en/> is a hostel that we recommend, it is relatively cheap and comfortable.

Transport Details:

You are arriving at **Krasnoyarsk Airport "Yemelyanovo"**. For more information about the airport, please visit <http://www.yemelyanovo.ru/en/about>. While arriving, please look for someone from our staff with the TC logo.

In case of emergency or any travel changes please call or send a text message to Olga: + 7 950 402 9903
to Katya: +7 983 166 6184

! Please note that we will not arrange transportation from/ to airport for participants arriving earlier than June 24 and departing later than July 1.

Visa:

Participants from EU countries need a visa for visiting Russia, which must be received in advance in Russian Embassy or Consulate in your country. The visa cost will be reimbursed 100%. Please ask for a proof of your visa expenses, otherwise we will not be able to reimburse you!

Participants from EEC countries do not need visa to enter Russia.

However, all participants will need a valid international passport.

! Please, check the validity of the passports before the departure. Its validity must exceed the validity of the requested visa. Get information about the time of validity in the embassy or consulate of your country.

Venue:

The Training Course will be hosted in the hotel "Our Home" at the outskirts of the city Krasnoyarsk.

The Training Course will be hosted at one of the most beautiful Resort towns of Armenia.

Accommodation and Food:

You will stay in double/triple rooms with bathroom and toilet in the room. You will be provided with bed sheets and towels. No hair dryers, though, if you need one, you have to bring it yourself. The training room and dining room are located in the same building. Organizers will provide participants with three meals per day, coffee breaks and purified water. As we expect a rather diverse group, we will make sure both vegetarians and those who prefer meat to something else. We strongly recommend participants to inform the organizers IN ADVANCE about any special needs such as dietary, vegetarian or any other kind of special needs.

Checklist – what you need to bring with you:

- Proof of all the travel expenses you wish to reclaim: No payment will be made without a proof of your expenses! If you come by plane, please be sure to bring evidence of the sum actually paid (invoice, copy of credit card slip), a copy of the ticket and your boarding passes, or in the case of an email booking, a print out of the reservation confirmation and financial transaction. DO KEEP ALL FLIGHT/TRAIN/BUS TICKETS, BOARDING CARDS, INVOICES ETC WITH YOU AND DO NOT THROW THEM AWAY!!!

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- Other Expenses: All other expenses during the activity, such as board, lodging and transportation, will be borne by the organizers. However, all participants' personal costs (like telephone calls, gifts and souvenirs, etc.) and/or any other cost not linked to programme's events have to be covered by the participants and will be settled directly by them.
- "Standard seminar equipment": An alarm clock, any dictionaries you might require, music CDs and tapes, instruments that you may need, comfortable clothes, warm clothes to be worn both inside and outside, etc
- Please bring all necessary identity documents (social and medical insurance, I.D. etc.) in the case of need.
- Any materials you need to present your country (food, drinks, music, post cards) during the intercultural evening, specific working methods or tools, and your organization.

Rules:

You are expected to participate fully in all activities, unless you are ill. Unauthorized absence from activities and workshops will not be permitted. We would really appreciate energetic and active participation.

Tobacco: In the Hotel area you can smoke only outside of the building.

Please respect all the rules stated above!

Weather:

Usually in June it is warm in Krasnoyarsk. But the weather is very changeable. The temperature in June varies from +20 to 35 °C.

Money:

The Russian Currency is called Ruble. In the shops US dollars and Euros are not taken. There are many places in Krasnoyarsk where you may exchange money (from Euros and US dollars). We recommend using cash instead of credit or debit cards as fees.

Internet Access:

There is no WiFi Internet at the building.

Russian Mobile Phones:

There are many mobile operators in Russia. The most popular are: Beeline, MTS, ETK and Megafon. In case you need a Russian Sim card, please inform the organizers about it.

Some useful Links about Krasnoyarsk:

<http://www.admkrsk.ru/sites/eng/pages/default.aspx> -Krasnoyarsk administration official website

<http://russiatrek.org/krasnoyarsk-city>

<http://www.apfest.com> – Festival

<http://www.stolby.ru/eng/> - Krasnoyarsk Stolby. National Nature Reserve

<http://bigpicture.ru/?p=159054>; <http://bigpicture.ru/?p=73816> – Krasnoyarsk – view from the roofs

<http://interrasibir.wordpress.com/> - INTERRA' website (unfortunately only in Russian)