



Erasmus+

## Activating Rural Areas Through Art

5<sup>th</sup> -14<sup>th</sup> April 2018

Darbutai, Lithuania

*KA1 Mobility of Youth Workers*

Organized by “Kūrybingumo ir inovacijų centras”

Summary of Project

(Center of creativity and innovation)

Through the opportunities offered by the European Union to young people, the lives of young people in all European countries, especially in Lithuania, are changing. As perspectives of young people change after their participation in a youth exchange or education project, their confidence increases and most importantly they start to look more positive and hopeful for the future. Many non-governmental organizations operating in Lithuania

are trying to be more active all over the country and introduce these opportunities to young people in order to popularize this positive change seen in young people. One of the most important problems in the popularising process is the issue of reaching young people living in rural areas. Lithuania has a population of 2,872,300 and 33% of this population lives in rural areas (village and town) and the remaining 67% lives in districts or town centers. When we add the rate of young people in Lithuania to this account, we can mention many young people living in villages, towns or districts. In this way, unfortunately it is not possible for young people who cannot live in big cities to reach the information that will make a serious contribution to them, especially the European opportunities. Nevertheless, due to factors such as language, access to knowledge and self-confidence, there is a perception that European opportunities are only for university students. Our project will emphasise the importance of changing this view.

The aim of The Activating Rural Area Through Art (ARATa) project is to create an area for young people living in rural areas to enable them to benefit from youth programs and to promote intercultural learning and communication through art. The project also aims to improve young people's artistic and leadership skills and self-confidence. Exhibitions and theatre events will be held in Akmeniai and near by districts of this place. The Lazdijai region, where Akmeniai-the project place- is located, is famous for its lakes, forests, historical, cultural and ethnographic monuments, and hospitality, which creates excellent atmosphere for implementation of project.

Objectives of our project are:

- Ensuring that participating young and local people are informed about European opportunities and providing opportunities for young people living in these regions to take advantage of youth opportunities;

- Improving the skills of young people living in rural areas on the basis of art and culture and contribute to becoming active citizens;

- Being able to provide social change positively in rural areas with art and cultural activities;

- Encouraging young people living in rural areas to have information about the nature of the youth projects and to undertake new projects;

- Creating a platform where young people can develop and demonstrate their artistic skills and their ability to express themselves;

- Learning to appreciate and understand differences, similarities and other people's point of views and to consider inter-ethnic relations as European gain by common activities;

- Improving self-confidence and communication skills of youth for a better interaction with others through understanding and practicing the non-verbal communication within activities;

- Developing artistic skills, creativity of youth by using different techniques in short time;

- Improving personal abilities to interact and building bridges of trust by working in a team with people of different cultures and traditions, through different methods;

It is our other important aim within the framework of our project to inform Akmeniai, Lazdijai, Alytus local governments and other non-governmental organizations about European Opportunities, and ensure that they take responsibilities. In this way, we aim to ensure that the effectiveness of our project is sustainable not only for young people but also for people living in the region.

It is directly linked to the specific objective pursued by Erasmus+ programme in the field of youth: Improving the level of key competencies and skills of young people, including those with fewer opportunities, as well as promoting intercultural dialogue, and solidarity, in particular through increased learning mobility opportunities for young people

### Profile of Participants and Working Language

#### Working Language and Profile of Participants

*Profile of participants:* We invite 42 participants (including group leaders) who are interested in the topic of the project.

*Age:* 18-25 for participants and 18+ for group leaders

*Language:* The language of the course will be English. Participants should be fluent in English

*Participation fee:* €20.-

### Working Methodologies

Our training course will be based on non-formal education methods such as group works, simulations, individual reflections, peer to peer learning etc.

It means that learning is based on your experience, your motivation and your needs. You are responsible for your learning but the team

### Responsibility of Partner Organizations

- Finding motivated and experienced participants
- to assist travel arrangements
- to warn the participants about the travel documents for reimbursement.
- to inform them about the schedule, tasks, duties and rules.

### Responsibility of Participants

- Please inform the organization if you have any kind of allergies, chronic diseases or disabilities. If you are vegetarian or vegan, it is also required.
- Please fill the Application Form via link:

<https://goo.gl/forms/Lbx8vBujTz1PRV1q2>

- To search travel options and inform us about the details of the tickets and buy them **AFTER GETTING CONFIRMATION** from the coordinator.
- To inform the hosting organization about the arrival
- To attend in the all sessions of the project activity.
- To pay participation fee.

### Preparation for the Training Course

#### **Intercultural Night:**

**There will be several intercultural nights where you can present some food from your country. So please bring the ingredients you will need.**

**We will also provide the things you can find in market (if needed).**

### Financial Issues and Conditions

We will reimburse travel cost after the youth exchange **via Western Union for non-EU citizens and via bank transfer for EU citizens. Please prepare your bank-details!!**

**!Note (IMPORTANT!):** We will **NOT REFUND** any tickets that have been purchased **by a travel agency**, this is not the most cost effective method and will **NOT** be refunded!

**!Note (IMPORTANT!):** We will **NOT REFUND** any taxi expenses unless that will be only options to travel (incase the public transport will not work etc). Taxi expenses has to be confirmed in advance!

The prices on the TICKETS, not on the invoices, will be regarded while your reimbursement will be calculated.

**!!!Note: Reimbursement of travel costs will only be done upon presentation of all (including return tickets) original tickets, receipt/invoices and boarding passes. Please print before all documents, which are related to travel expenses.** This means that once home after the training, participants will be asked to send the originals of all return documents and boarding passes. Please remember to **bring the original invoices** – there will be no reimbursement without the original invoices and tickets with indicated Names of travelers, description of the journey, indication of cost and currency and date of travel.

**Please do not lose your boarding passes; you will need them for reimbursement of travel cost.**

**!!!!Note:** Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month when the grant agreement for this project will be signed by the NA, as stated in the official European Commission web-site at <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

**!!!!!!Note:** Finally, please print all documents related your travel (Electronic Tickets, bus tickets etc.).

We kindly ask you to bring money you will need to spend for your own goods during project.

**Maximum Travel Cost Limit Per Country/Per Person**

<b>COUNTRIES</b>	<b>Max. Limit Per Person</b>	<b>Number of Participants</b>
Lithuania	€180	1
Lithuania	€0	4
Estonia	€275	5
France	€275	5
Hungary	€275	5
Italy	€275	5
Poland	€275	5
Romania	€275	5
Turkey	€275	5

## Health Insurance

Health insurance is not provided and will not be reimbursed by the organizers. Participants are strongly suggested to make a health insurance.

## Visa and currency

For non-EU citizens visa is needed to enter Lithuania. If you need visa to participate in the training please contact us as soon as possible after confirmation of your participation in the training. Organizer will provide you all needed documents to apply for visa. All visa-costs (excluding insurance) will be reimbursed together with travel costs.

Please **DO NOT FORGET** to bring along the confirmation of payment (i.e. credit card slip and/or bank statement).

**Currency:** The currency in Lithuania is the Euro (EUR)

## Training Venue and Travelling Arrangements



We will stay in amazing place called “Kirkšnovė” in one of Lithuanian villages in the forest. You will enjoy Lithuanian nature in the Spring. Rooms will be for 2-4 persons. Also there will be sauna organised. We will have group transfer to “Kirkšnovė” from Vilnius city centre and/or Vilnius Airport. Seminars and catering will be organised in the same place. Also, there will be opportunity to have sauna.

It is important to keep your original boarding passes, all travelling tickets and invoices for reimbursement.

**Please contact and consult the organizer about your travelling plan. Do not buy your tickets until the organizer approve the details. Any tickets purchased without consultation or from travel agency will not be reimbursed.**

**Here you can see the link:** <http://www.kirksnove.lt>

## Some useful words in Lithuanian while travelling

Taip	Yes
Ne	No
Prašom	Please
Gerai	O.K.
Ačiū	Thank you.
Sveiki	Hello
Koks tavo vardas?	What is your name?
Aš esu ...	My name is...
Malonu	Nice to meet you
Kaip saikausi?	How are you?
Ačiū, gerai. O kaip tu?	I am fine, thank you. How are you?
Iš kur tu esi?	Where are you from?
Aš esu iš ...	I am coming from ...
Aš irgi!	Me too!
Sudie	Goodbye
Labas rytas!	Good morning!
Labas vakaras!	Good evening!
Labanakt!	Good night!
Iki!	See you later!
Kūr yra ...?	Where is...?
Aš noriu eiti į ...	I want to go...
Oro Uostas	Airport
Autobusų stotis	Coach (Bus) Station
Autobusas	Bus (Coach)
Minibusas	Minibus
Išvykimas	Departure

Atvykimas	Arrival
Valiutos keitykla	Exchange Office
Bilietas	Ticket

## Draft Program

D/H	05.04	06.04	07.04	08.04	09.04	10.04	11.04	12.04	13.04	14.04		
08.30	<b>Breakfast</b>											
10.00	Arrivals	Who are we? Why are we here?	Rural Area, Opportunities, Art and Change	Opportunities and Methods	Practice of Photography/Video-Theatre/Music Groups	Finishing the last preparations / Arriving the performance revenue	Finishing the last preparations / Arriving the performance revenue	Finishing the last preparations / Arriving the performance revenue	Sustainability, Evaluation and Youthpass	Evaluation and youthpass		
11.30		<b>Coffee Break</b>										
11.50		Knowing each other	Explanation of European Opportunities	Division into the groups	Practice for the Show and Exhibition	First Performance and Exhibition /	Second Performance and Exhibition	Last Performance and Exhibition	Sustainability, Evaluation and Youthpass	Departure		
13.00		<b>Lunch</b>										
14.30		Expectations. Becoming a team	Interview with local people about Erasmus+ program	Practice of Photography/Video-Theatre/Music Groups	Practice for the Show and Exhibition	Turning back to accommodation place	Turning back to accommodation place	Turning back to accommodation place	New Partnership			
18.00		<b>Reflection Time</b>										
19.00		<b>Dinner</b>										
20.30			Intercultural night 1	Intercultural night 2	Intercultural night 3	Intercultural night 4	Intercultural night 5	Intercultural night 6	Intercultural night 7	Goodbye Party		

## Contact Details

**Aleksandras Petrovas**

Project Coordinator

E-mail: [projects.kic@gmail.com](mailto:projects.kic@gmail.com)

Telephone: [+37067759989](tel:+37067759989)

**Deadline to send application: 20th of February 2018**

All applicants will be informed at 23d of February 2018 regarding the selection result rather they are selected or not.