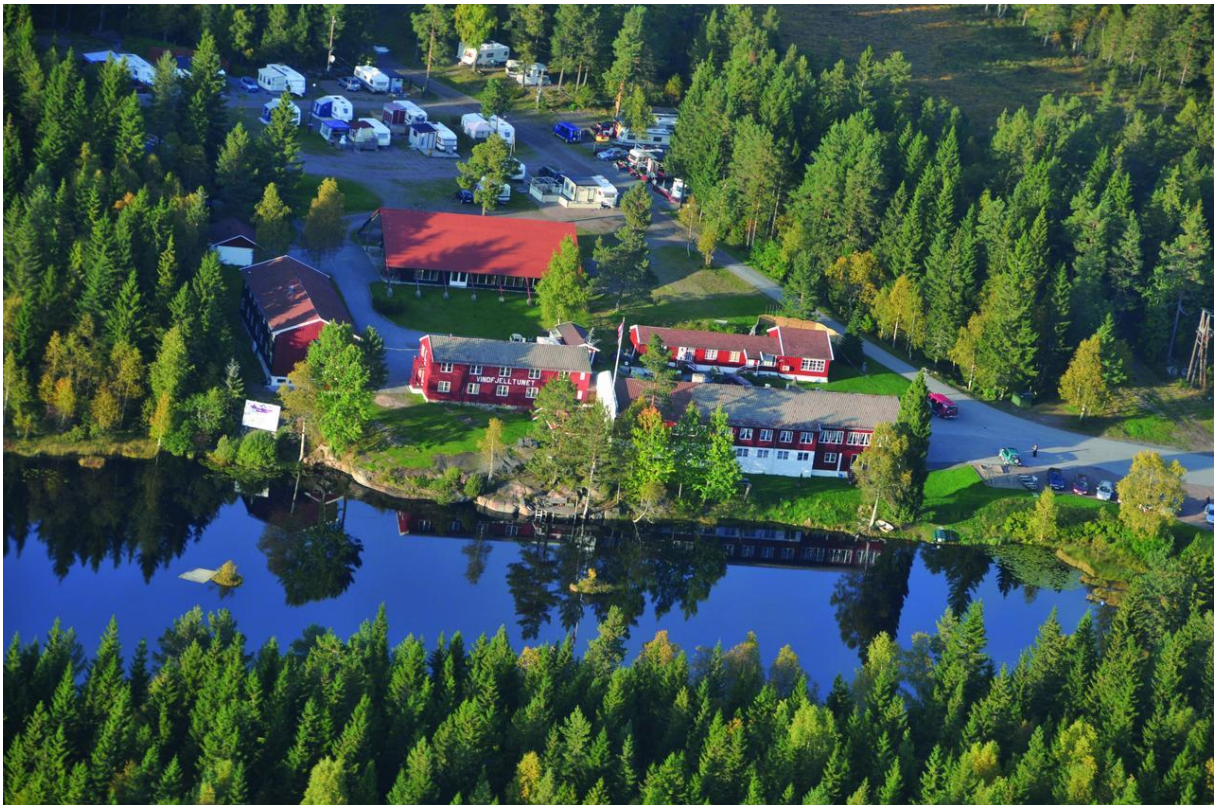


Co-funded by the  
Erasmus+ Programme  
of the European Union



# Way of Migration



**PLACE AND DATE:** (15 – 24 October, 2018) to Vindfjelltunet Gjestegaard, Norway

**PARTICIPANTS:** 50 young people (5 from each countries)

**WHO:** 18+ and there is no upper limit.

**COUNTRY:** Partner countries will be from Norway, UK, Lithuania, Italy, Spain, Estonia, France, Czech Republic and Denmark.

**LANGUAGE:** The working language will be English.



# SUMMARY OF PROJECT



By this project we want to help addressing 2 main current issues youth unemployment and the refugee/ migration crises. We consider these issues to be among the greatest challenges facing society today and in the future. According to the IOM, there are now some 65 million refugees fleeing from war and poverty. Over a million those immigrants and refugees entered Europe since 2015. This is a global problem which calls for joint efforts to achieve sustainable solutions. Hence, project seeks enable youth workers to contribute to turning the challenges into opportunities for all stakeholders. We will do this by offering spaces for dialogue, non-formal education and capacity building of youth worker to play a positive role in helping tackle the migration challenges. The related youth unemployment forces young people to seek a better life in other countries. In the new countries, those immigrant youth often face social exclusion, discrimination and marginalisation. As immigrants, many of them lack support from youth organisations that are not prepared to include immigrant youth in the youth associations in the host societies. The recent surge of refugees into Europe has triggered rise in xenophobia and political rhetoric against immigrants and refugees.

The starting point of the programme and of the learning process are the experiences and inputs of the participants. Working methods will be used to facilitate learning and exchanging experiences about migration and work with migrants.





Training courses will use non-formal methods to gain its aims and also to take into account the personal development of each participant. We will use group discussions, study visits, role-plays, work in pairs and other various methods. We will have theoretical and practical inputs on both - immigration and emigration.

The aims and objectives of the training courses are:

- Develop new initiatives in the field of migration and mobility for young people within the framework of Erasmus+ programme
- Exchange of experience and good practice in youth work, related to international/local migration and mobility and its influence on young people in Europe
- Preparing youth workers and youth leaders in addressing the challenges and opportunities resulting from migration for young people /society as a whole
- Promote European cooperation between youth organisations to promote youth mobility and engage youth with immigrant backgrounds in organizations' activities
- Raising the competence of youth workers and youth leaders about the push and pull factors of migration and causes and consequences of migration and how to prevent negative effects of migration (such as discrimination) in society
- Promote European cooperation between youth organisations to promote youth mobility and engage youth with immigrant backgrounds in organizations' activities
- Understanding the EU policies towards migration and mobility and local realities in participating countries and learning good practices
- Improving competences about different (youth) mobility opportunities in Europe
- Fostering reflection on different dimensions of migration and mobility, understanding the theoretical framework of migration trends and new migration in Europe and its global effects.



## ACTIVITIES AND METHODS



### **Working methods**

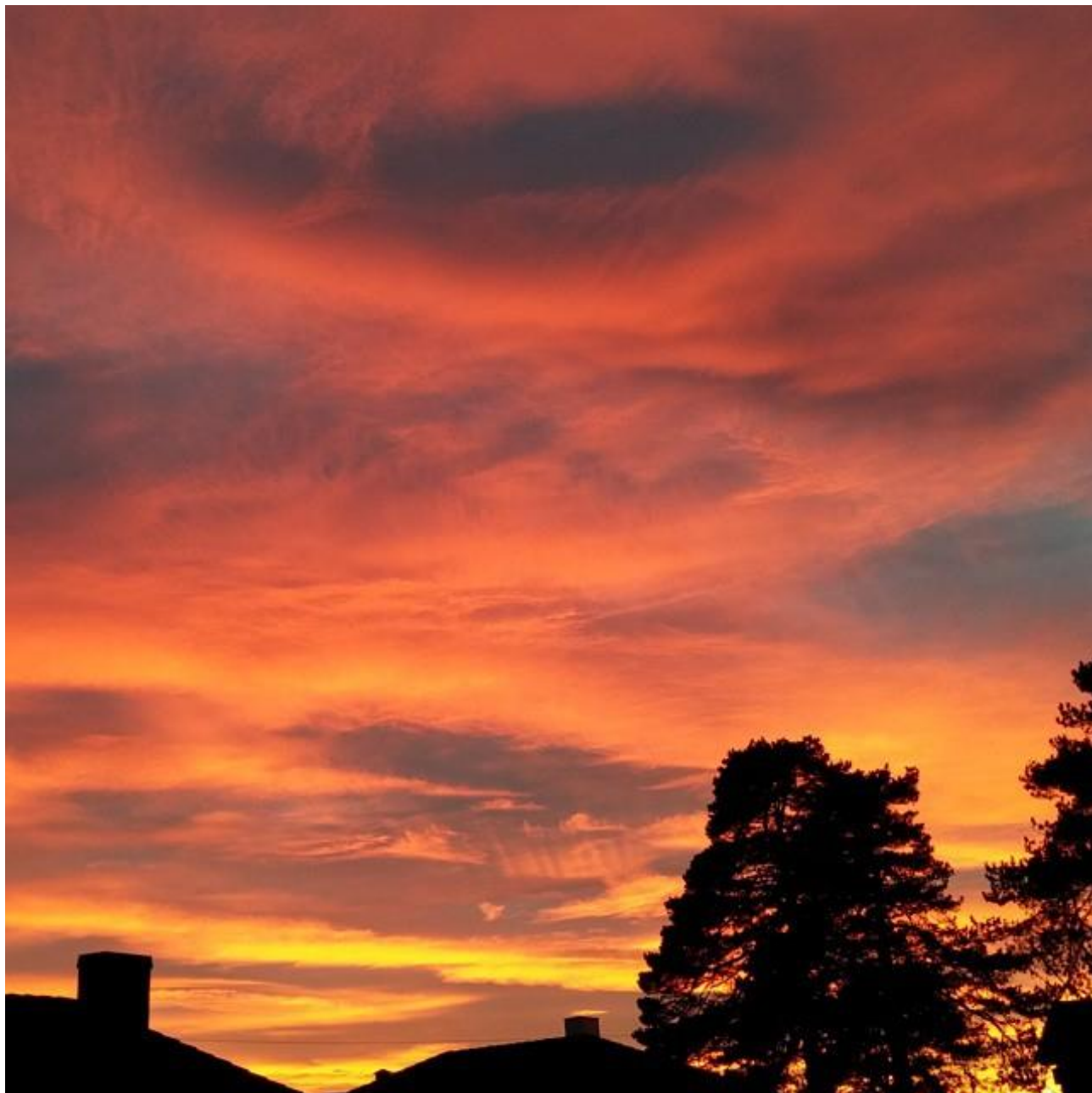
The training courses will be also supported with the thematic inputs provided by the team and external experts in order to support the learning process, information sessions, workshops and group dynamic activities all aimed at ensuring the maximum learning output for and involvement of the participants. Active participation and contribution of participants will be ensured by using interactive way of presenting information and knowledge about specific topics. Contributions from experts in the field of migration, integration, minority youth empowerment are considered to be an essential element of the event. External experts involve representatives of the International Organization for Migration as well as academics researching in the field of migration.

Active participation, focus on group work and team work, learning by doing approach, exercises made through simulation, and role-play and other, as well as theoretical inputs will form the basis of the study session. A range of working methods will be combined in order to encourage every participant to participate actively in the sessions and to approach the issues of the training session in an interdisciplinary way.

Co-funded by the  
Erasmus+ Programme  
of the European Union



## PARTNERS



The project will host participants from the following 10 organisations.  
Partners are from Norway, UK, Lithuania, Italy, Spain, Estonia, France, Czech Republic and Denmark.





## TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
Norway	Norway	0 - 00 km	5	0.00
Czech Republic	Norway	500 - 1999 km	4	275.00
Denmark	Norway	100-499 km	5	180.00
Estonia	Norway	500 - 1999 km	5	275.00
France	Norway	500 - 1999 km	5	275.00
Italy	Norway	500 - 1999 km	5	275.00
Lithuania	Norway	500 - 1999 km	5	275.00
Spain	Norway	2000 - 2999 km	5	360.00
Turkey	Norway	2000 - 2999 km	5	360.00
UK	Norway	500 - 1999 km	5	275.00

**After sending** their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (Vindfjelltunet Gjestegaard, Norway). These distances must be calculated using the distance calculator supported by the European Commission. We don't send money to each participants. We send only money to sender organization and sender organization will pay to participants.

***Please note any extra days you wish to stay will be your own responsibility and food etc.***

**Visa costs** will be covered by participants.

The team leaders must send all team boarding passes, original tickets, original invoices to us by post. After your posts reach us, we transfer your money to your organisation' bank account after final report approved by Norwegian National Agency. **VERY IMPORTANT TO REMEMBER. WE WILL GET INFORMATION ABOUT APPROVAL OF FINAL REPORT ON THE 10-02-2019.**

Co-funded by the  
Erasmus+ Programme  
of the European Union



## THE VENUE



More information about the venue, you can find on their web page; <http://www.vindfjell.no/>





**Note:** Organisers will not provide any accommodation for additional stay in Vindfjelltunet Gjestegaard. If participants plan to arrive a few days earlier or depart a few days later they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel.

## HOW TO REACH



Vindfjelltunet Gjestegaard is a place between is very small place in nature and between Siljan og Steinsholt i Lardal Municipality. You can take bus or train from Torp Airport Sandefjord OR Oslo to Vindfjelltunet Gjestegaard. You can fly to Oslo Gardermoen or Torp Sandefjord Airport. Both airports are the closest to this city.

If you fly to Oslo Gardermoen, so you can to take bus to Vindfjelltunet Gjestegaard with one change in Oslo Bus Terminal;

Please check example route;

<https://www.nor-way.no/nb->

[NO#/?showEarlierDepartureTrips=0&showLaterDepartureTrips=0&showEarlierReturnTrips=0&showLaterReturnTrips=0&originId=NSR%3AStopPlace%3A58211&originName=Oslo%20lufthavn%20OSL&step=2&destinationId=NSR%3AStopPlace%3A18578&destinationName=Steinsholt](https://www.nor-way.no/nb-NO#/?showEarlierDepartureTrips=0&showLaterDepartureTrips=0&showEarlierReturnTrips=0&showLaterReturnTrips=0&originId=NSR%3AStopPlace%3A58211&originName=Oslo%20lufthavn%20OSL&step=2&destinationId=NSR%3AStopPlace%3A18578&destinationName=Steinsholt)

If you are coming to Torp Sandefjord Airport, you can find bus to Vindfjelltunet Gjestegaard with one change.

You must change the bus in Porsgrunn bus terminal;

<https://www.nor-way.no/nb->





[NO#/?showEarlierDepartureTrips=0&showLaterDepartureTrips=0&showEarlierReturnTrips=0&showLaterReturnTrips=0&originId=NSR%3AStopPlace%3A59247&originName=Sandefjord%20lufthavn&step=3&destinationId=NSR%3AStopPlace%3A18578&destinationName=Steinsholt&departureTime=18%3A09&departureDate=2018-08-01](#)

[Busstation and project venue is just 50 meters.](#)

**We will not pick you up at the airport of Oslo and Torp Airport Sandefjord. Participants must come to venue by themselves.**

## WHAT TO BRING



Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

April –May period can be cold and rainy, so be prepared for all kind of weather. Sometimes it is sunny days and you will have possibilities to swim too.

## ACCOMODATION

### Vindfjelltunet Gjestegaard

**Adresse:**

Nordgardseterveien 16

NO-3277 Steinsholt

Telefon: (+47) 33 12 93 23

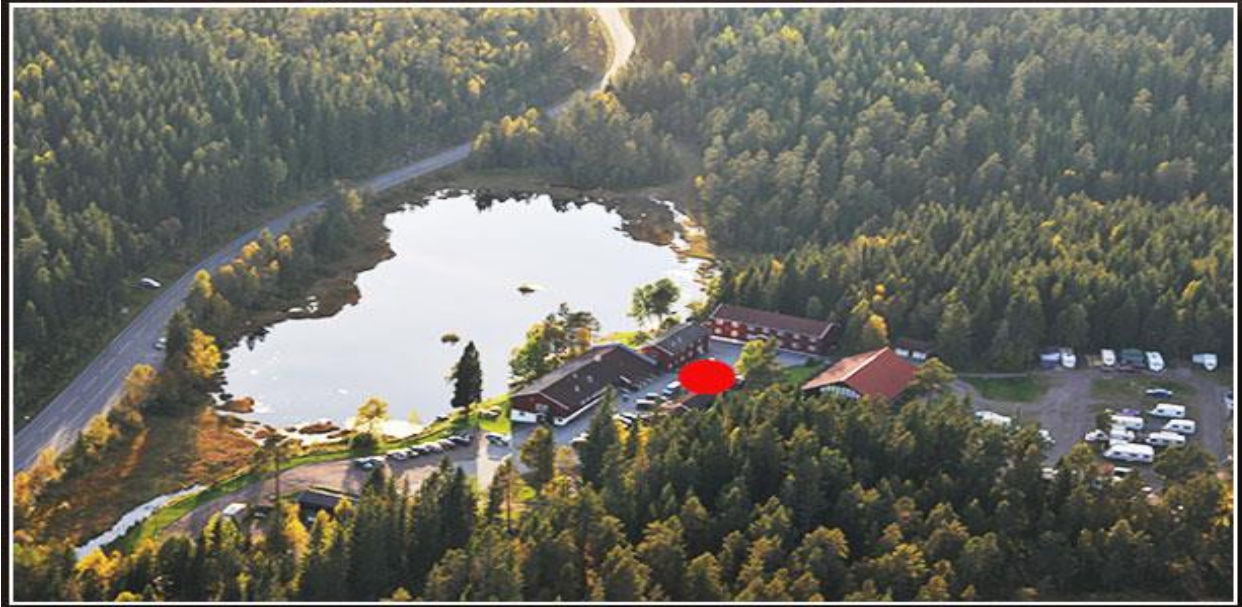
Epost: [kontakt@vindfjell.no](mailto:kontakt@vindfjell.no)

Co-funded by the  
Erasmus+ Programme  
of the European Union



**There are going to be 2-4-6 persons per room.**

**We can't arrange special room for couples. COUPLES ARE NOT WELCOME TO THIS PROJECT. Each participant must bring their own towels.**





Co-funded by the  
Erasmus+ Programme  
of the European Union









## HEALTH INSURANCE

### Health Insurance



Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in NORWAY are quite high if you don't have.

## PREPARATION



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;

- ✓ Bring all your **travel documents** as presented above. **Print out all your documents even if they are online. We don't have printing opportunities.**



- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Prepare a **presentation on diversity** in their country.
- ✓ Find **interesting videos / games / exercises / educational activities on diversity**.
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this! :) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national drinks, dishes or snacks** to share with others. Also, please **prepare a mini (and, of course, fun) language course** for the others. We count on you to make these evenings as interactive and fun as possible.
- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).
- ✓ **Bring good spirit, joy and happiness!!!**

Wherever possible, take your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!

## BASIC RULES



All the participants will be expected to be present and active in all the activities, unless being ill.

Unauthorized absence from the activities and workshops won't be tolerated.

**IF YOU ARE LATE ALL TIME AND DON'T OBEY THE RULES, YOU WILL BE SEND TO HOME.**

Smoking is prohibited everywhere inside buildings, thus all the smokers will have to go outside or to specially designated areas for a cigarette.

**ALCOHOL IS FORBIDDEN in our projects. Do not take any kind of alcohol with you even if it is for cultural evenings.**



Co-funded by the  
Erasmus+ Programme  
of the European Union



**SEE YOU ALL IN VINDFJELLTUNET, NORWAY**